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THE FORUM[®]
QUADRIFOGLIO IMMOBILIARE
BISTROT & COWORKING



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Seguici su:



APERITIFS

APERITIFORUM

DRINK INCLUDED (BEER, WINE OR SPRITZ)

€10

CHARCUTERIE BOARD

- 3 A SELECTION OF CURED MEATS AND CHEESES, OLIVES, NACHOS WITH MEXICAN SOUCE, HONEY (1, 5, 6, 7, 8, 10, 12)

MINI PINSA

- 1 AT YOUR CHOICE AMONG: MARGHERITA, CACIO E PEPE, AMATRICIANA, CARBONARA, HOT PEPPERONI OR CHICORY AND POTATOES.

ADDITIONAL FRIED POTATOES

+€2

GOURMET APERITIF

DRINK INCLUDED (BEER, WINE OR SPRITZ)

€13

3 TACOS ITALIAN STYLE

- 1 TACO WITH SPICED MINCED MEAT (1, 6, 7, 8, 10)
- 1 TACO WITH CHICKEN, AVOCADO & SOUR SAUCE (1, 6, 7, 8, 10)
- 1 TACO VEGETARIAN (1, 6, 8, 10)

2 BAO GOURMET

- 1 BAO WITH MEAT STRIPS AND CORIANDER, PECORINO SAUCE, BACON, ICEBERG SALAD, CRUNCHY ONION AND TERIYAKI SAUCE (1, 6, 7, 8, 10, 12)
- 1 BAO CHICORY AND POTATOES, CHICKPEA LIME CREAM, CHERRY TOMATOES AND TOASTED ALMONDS (1, 5, 8)

BAO FUSION

TOKYO

MINCED VEAL, SPRING ONION AND CHERRY TOMATOES MARINATED IN SOY SAUCE AND GINGER (1, 6, 8)

€6

FIJI

CHICKEN STRIPS, PECORINO CREAM, BACON, ICEBERG SALAD, CRUNCHY ONION AND TERIYAKI SAUCE (1, 6, 7, 8, 10, 12)

€6

MOLISN'T

CHEESE AND EGG MEATBALLS, AMATRICIANA SAUCE, PURPLE CABBAGE AND PECORINO. (1, 3, 7, 10)

€6

MINTPELLIER

GRILLED EGGPLANT AND ZUCCHINI WITH MINT, SUN-DRIED TOMATOES, AND BRAISED RED CABBAGE (1, 6, 8)

€5

LAS VEGAN

CHICORY AND POTATOES, CREAMED CHICKPEA LIME CREAM, CHERRY TOMATOES AND TOASTED ALMONDS (1, 5, 8)

€5

TACOS FUSION

TEX-MIX

MINCED VEAL, BEANS, ONION, CHERRY TOMATOES, SALAD, JALAPEÑOS, CHILI SAUCE AND SOUR SAUCE (1, 6, 7, 8, 10)

€4.5

IL FRESCO

CHICKEN STRIPS, RICE WITH LIME AND GINGER, AVOCADO, CHERRY TOMATOES, CRUNCHY ONION AND SOUR SAUCE (1, 6, 7, 8, 10)

€4.5

IL VEGGIE

RICE WITH LIME AND GINGER, BEANS, CHERRY TOMATOES, JULIENNED ZUCCHINI, JALAPEÑOS, GUACAMOLE (1, 6, 8, 10)

€4.5

BRUSCHETTE

6 MIXED PIECES

FRESH TOMATOES, HUMMUS AND SUNDRIED TOMATOES, GRILLED ZUCCHINI, GRILLED EGGPLANT, OLIVE PATÉ (1, 8)

€8

THE HOME OF
GREAT TASTE!



MINI PINSE

MARGHERITA

€5

TOMATO, MOZZARELLA AND FRESH BASILE
(1, 6, 7, 10)

CACIO E PEPE

€6

PECORINO ROMANO CREAM AND BLACK PEPPER
(1, 6, 7, 10, 11, 12)

AMATRICIANA

€6

TOMATO, BACON, PECORINO ROMANO AND
BLACK PEPPER (1, 6, 7, 10, 11, 12)

CARBONARA

€6

EGG CREAM, BACON, PECORINO
ROMANO AND BLACK PEPPER (1, 6, 7, 10)

DIAVOLA

€6

TOMATO, MOZZARELLA AND PEPPERONI
(1, 6, 7, 10)

CICORIA E PATATE

€6

CHICORY, BAKED POTATOES AND GRATED
PARMESAN (1, 6, 7, 10)

FOCACCIA

€4

EXTRAVERGIN OLIVE OIL AND SALT (1, 6, 10)



FRITTI

FRENCH FRIES DIPS (1, 8)

€5

CHEESE, PEPPER AND HONEY FRIES (1, 7, 8, 10, 11)

€5.5

ONION RINGS (1, 3, 5, 6, 8, 10, 11)

€4

NUGGETS (1, 3, 5, 6, 8, 10, 11)

€5

CHICKEN WINGS (1)

€5

STUFFED ASCOLANE OLIVES (1, 3, 5, 6, 8, 10, 11)

€4

ZUCCHINI FLOWERS (1, 3, 5, 6, 7, 8, 10, 11)

€4.5

CHERRY MOZZARELLA'S (1, 3, 5, 6, 7, 8, 10, 11)

€4

MIXED FRIES

€6

2 ASCOLANE OLIVES, 2 CHERRY
MOZZARELLA'S, 3 NUGGETS (1, 3, 5, 6, 7, 8, 10)

APERITIVI
TACOS
BAO



The Forum

DOLE



THE HOME
OF GREAT TASTE!

SPRITZ
WINE
BEER



The Forum

DRINK LIST

OUR SPRITZ

CLASSIC SPRITZ	€5
APEROL/CAMPARI, PROSECCO AND SODA	

SPRITZ ROSA	€6
SARTI ROSA, PROSECCO, AND SODA	

CYNAR SPRITZ	€6
CYNAR, PROSECCO, AND SODA	

LIMONCELLO SPRITZ	€6
LIMONCELLO, PROSECCO AND SODA	

HUGO SPRITZ	€6
ST GERMAIN, PROSECCO AND SODA	

MANGO SPRITZ	€6
MANGO SYRUP, PROSECCO AND SODA	





**THE HOME
OF GREAT TASTE!**

MODERN CLASSICS



NEGRONI €7
GIN, CAMPARI, RED VERMOUTH
AND ANGOSTURA

MANHATTAN €7
RYE WHISKEY, RED VERMOUTH AND
ANGOSTURA

AMERICANO €7
CAMPARI, RED VERMOUTH AND SODA

BOULEVARDIER €7
BOURBON WHISKEY, RED
VERMOUTH, CAMPARI AND
CHOCOLATE BITTERS

MOSCOW MULE €7
VODKA, LIME AND GINGER BEER

ESPRESSO MARTINI €9
VODKA, KALHUA, SUGAR SYRUP
AND A LONG ESPRESSO

DAIQUIRI €7
RUM BIANCO, LIME AND SUGAR
SYRUP

OLD FASHIONED €7
BOURBON WHISKEY, SUGAR SYRUP
AND ANGOSTURA

LONG ISLAND €7
RUM, GIN, VODKA, TRIPLE SEC, SUGAR
SYRUP, LEMON AND COLA

PALOMA €7
TEQUILA, LIME, AGAVE NECTAR AND
PINK GRAPEFRUIT SODA

FRENCH CONNECTION €7
COGNAC AND DISARONNO

GROWN UP AMARETTO SOUR €9
DISARONNO, CAMPARI, RYE WHISKEY,
ANGOSTURA, SUGAR SYRUP AND
LEMON

PAPER PLANE €7
APEROL, LIME, NOCINO AND
BOURBON WHISKEY

TOMMY'S MARGARITA €9
TEQUILA BLANCO, LIME AND AGAVE
NECTAR

DIVISION BELL €9
MEZCAL, APEROL, LIME AND
MARASCHINO

GIMLET €7
GIN, LIME AND SUGAR SYRUP



...IF YOU HAVE TO DRIVE

GIMLET ANALCOLICO €7
TANQUERAY O, LIME AND SUGAR
SYRUP

JUICY SUNRISE €5
PINEAPPLE JUICE, GRANATINA AND
PEAR

COLLINS ANALCOLICO €7
TANQUERAY O, LIME, SUGAR SYRUP
AND SODA

FIJII FIZZ €7
PINEAPPLE JUICE, GUAVA, BITTER
TIKI AND SODA





WINE

WHITE

BOTTLE

GLASS

RIBOLLA GIALLA

ARLANCH - FRIULI VENEZIA GIULIA

€32

€6

SAUVIGNON

EDOARDO ROTA - TREVEZIE

€30

€6

FALANGHINA

GESTILENTI - CAMPANIA

€30

€6

NOTTE IN BIANCO

CLANDESTINI - MARCHE(BIOLOGICO)

/

€7



RED

BOTTLE

GLASS

MERLOT

EDOARDO ROTA - VENETO

€30

€6

SHIRAZ

VIRICA - LAZIO I.G.T. - UVE SYRAH

€30

€6

VALPOLICELLA

MURARI - VENETO

€30

€6



HOUSE

BOTTLE

GLASS

PECORINO

/

€5

SAN GIOVESE

GABRICCIO

€30

€5



SPARKLING

BOTTLE

GLASS

VINI PROSECCO (SUBJECT TO AVAILABILITY)

€15

€5





BEER



DRAFT BEER

0,2 LT

0,4 LT

LISA

BIRRA DEL BORGO-LAGER-ITALIAN BEER-
UNFILTERED - 5%

€5

€6

LEFFE

ROUGE 6,6% - DOUBLE MALT - D'ABBAZIA

€5

€6

LOWENBRAU

GERMAN LAGER-5%

€5

€6

BOTTLE

0,33 LT

IPA

BIRRA DEL BORGO-IPA - 6,4% - HIGH
FERMENTATION - UNFILTERED

€6,50





**THE HOME
OF GREAT TASTE !**



BREAKFAST MENU



CAPPUCCINO + PLAIN CROISSANT	€2,20
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CAPPUCCINO + PLAIN CROISSANT + JUICE	€4,00
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COFFEE

ESPRESSO	€1,10
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SPIKED	€1,70
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DECAF	€1,30
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ICED ESPRESSO	€1,50
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ICED CAPPUCCINO	€1,70
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SMALL BARLEY COFFEE	€1,20
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LARGE BARLEY COFFEE	€1,50
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SMALL GINSENG (GLUTEN FREE)	€1,30
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LARGE GINSENG (GLUTEN FREE)	€1,50
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CAPPUCCINO	€1.30
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CAPPUCCINO (SOY OR OAT MILK)	€1,50
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AMERICAN COFFEE	€1,50
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MAROCCHINO	€1,50
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WHITE MILK	€1,20
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MILK AND COFFEE	€1,50
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TEA/CHAMOMILE	€2,50
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FRESH ORANGE JUICE	€3,50
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FRUIT JUICE	€3,00
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NON-ALCOHOLIC DRINKS	€3,00
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ICED TEA	€2,50
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TISANE (INFUSIONS) € 2,50

FENNEL

FLORAL AND CHAMOMILE

ROOIBOS

SAGE, MINT AND THYME

MINT GREEN TEA

JASMINE

GINGER AND LEMON

ROOIBOS AND WILD BERRIES

WILD BERRIES

BLUEBERRIES AND CHERRIES



ITALIAN-STYLE CHOCOLATE € 3,50

DARK

ULTRA-DARK

ORANGE AND CINNAMON

CHILI PEPPER

COCONUT

SALTED CARAMEL

PISTACHIO

SUGAR FREE DARK

*CHOCOLATES CONTAIN THE FOLLOWING ALLERGENS: (7,
8) MILK AND MILK PRODUCTS, LACTOSE*





BAKERY



PLAIN CROISSANT (1, 3) €1,30

STUFFED CROISSANT (1, 3, 7) €1,60

WHOLE WHEAT CROISSANT €1,60
AI CEREALI (1, 3, 7, 8)

SMALL PLAIN CROISSANT €1,00
(1, 3)

SMALL STUFFED CROISSANT €1,20
(1, 3, 7, 8)

VEGAN CROISSANT (1,) €1,30

**ASSORTED MINI DANISH
PASTRIES** (1, 3, 5, 6, 7, 8) €1,00

CHOCOLATE MUFFIN €2,50
(1, 3, 7, 8)

PANCAKE €5,00
CHOCOLATE, SALTED CARAMEL, MAPLE
SYRUP, WILD BERRIES
(1, 3, 7, 8)

WAFFLE €6,00
CHOCOLATE, SALTED CARAMEL, MAPLE
SYRUP, WILD BERRIES (1, 3, 7, 8)

GREEK YOGURT €3,50
GRANOLA AND NUTS (1, 3, 7, 8)

**VEGAN CHOCOLATE
COOKIE** (1, 3, 5, 6, 7, 8, 10, 11) €0,60

MULTIGRAIN COOKIE €1,00
(1, 3, 5, 6, 7, 8, 10, 11)

GLUTEN FREE BROWNIE €2,50
(3, 5, 7, 8)

GUARCINO'S MINI TART (1, 3) €1,50

GUARCINO'S AMARETTO €1,50
(1, 3)

**SLICE OF CAKE/
GUARCINO'S TART** (1, 3, 8) €2,50

SLICE OF BUNDT CAKE €2,00
(1, 3, 7)

PUFF PASTRY €0,80
SMALL (1, 6, 7, 8, 10)

GLUTEN FREE MINI TART €2,50
(3, 7, 8)

ICED LATTE €2,50
MATCHA, VANILLA CARAMEL, CHAI TEA,
CINNAMON, COOKIE

SMALL COFFEE CREAM €2,50
(1, 3, 6, 7, 8)

LARGE COFFE CREAM €3,50
(1, 3, 6, 7, 8)





SNACKS

ASSORTED SLICED-BREAD SANDWICHES	€2,50
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ASSORTED SANDWICHES	€4,50
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STUFFED PIZZA	€4,00
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LUNCH MENU (SET OPTIONS)

SPORT LUNCH	€8,00
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SALAD, BREAD, WATER AND COFFEE

CLASSIC

SALAD, TOMATO, CORN, TUNA, OLIVES AND MOZZARELLA (4, 7)

GREEK

SALAD, TOMATO, FETA CHEESE, OLIVES, OREGANO (1, 7)

CAESAR SALAD

SALAD, CHICKEN BREAST, GRANA CHEESE, CAESAR DRESSING (1, 7)

LIGHT LUNCH	€12,00
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FIRST COURSE OR MAIN COURSE OF YOUR CHOICE

BREAD, WATER AND COFFEE

REAL LUNCH	€15,00
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FIRST COURSE OR MAIN COURSE OF YOUR CHOICE, SIDE DISH,

BREAD, WATER AND COFFEE

HEARTY LUNCH	€25,00
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FIRST COURSE, MAIN COURSE, SIDE DISH

BREAD, WATER AND COFFEE



ALLERGEN TABLE ACCORDING TO EU REGULATION 1169/2011

1. Cereals containing gluten (i.e. wheat, rye, barley, oats, spelt, kamut or their hybridised strains) and products thereof
2. Crustaceans and products thereof
3. Eggs and products thereof
4. Fish and products thereof
5. Peanuts and products thereof
6. Soybeans and products thereof
7. Milk and products thereof (including lactose)
8. Nuts, i.e. almonds, hazelnuts, walnuts, cashew nuts, pecan nuts, Brazil nuts, pistachio nuts, macadamia nuts and products thereof
9. Celery and products thereof
10. Mustard and products thereof
11. Sesame seeds and products thereof
12. Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre
13. Lupin and products thereof
14. Molluscs and products thereof

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